



Energy Saving Tips

Simple ways to help manage your energy at work.

- In the summer, set your thermostat between 76-78 degrees
- In the winter, set your thermostats between 68-72 degrees
- Install an energy management system or put a lock box around energy controls
- Turn lights off or install motion sensors in rooms that are rarely used
- Install window awnings or exterior blinds – shade screens can block up to 70% of the sun's heat
- Use natural light whenever possible
- Prevent leakage of air by replacing old caulking and weather stripping around windows and doors – this can save up to 10% on heating and cooling costs
- If applicable, increase insulation for better efficiency
- Use larger machinery during off peak hours, if applicable
- Shut computers off at night
- Purchase ENERGY STAR(R) qualified equipment – the logo indicates equipment tested for energy efficiency
- Conduct regular maintenance on refrigerators – cleaning coils etc. Regular maintenance yields greater efficiency and your appliance will last longer.
- Participate in SMUD's Demand Response program – contact your SMUD Strategic Account Advisor to learn if the program is a good fit for your organization
- Have a casual dress code during the hot weather – then adjust the thermostat accordingly
- Reduce paper usage – print double sided
- Install hand dryers – the cost of paper towel purchases in most cases is more expensive than automatic hand dryers
- Educate your employees on energy saving tips.
- Switch out lights bulbs to energy efficient LED bulbs and convert to energy efficiency equipment.
- Use a smart power strip to help control phantom loads (electricity used by devices that are plugged into an electrical system, but not being used) and unplug electronics that are not used often.
- Invest in new, energy efficient air conditioning/cooling systems or check your existing air conditioning system to ensure that it is operating at peak efficiency (change out filters, check the economizer, clean condenser coils and have annual maintenance check-up).

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